

Curriculum Vitae and Publications

1.0 Academic qualifications

- 2018-2019** **Master of Psychology (Clinical)**, University of Melbourne, Australia. Two-year program (full time)
- Thesis Topic: Strength and Resilience of First Nations university students. Supervisors: Professor Lisa Phillips & Dr Graham Gee. Two-year program (full time). Bendi Lango Scholarship (\$30,000); Australian Psychological Society Prize – highest grade
- 2013-2016** **Bachelor of Arts (Degree with Honours)**, Psychology & Australian Indigenous Studies major. University of Melbourne, Australia. Four-year program (full time)

2.0 Academic appointments

2.1 Current academic appointments

- Jul 2022 –** **Lecturer** (0.6 FTE, Level B.3), Wurru Wurru Health Unit, Department of Medical Education, Melbourne Medical School, UoM.
- Support delivery of First Nations health curriculum, as a core theme of the MD, across all four years. Curriculum supports students in developing health knowledge and skills that supports students development towards cultural safety.
 - Support design and delivery of First Nations health assessment items working closely alongside the DME assessment team.
 - Lead WWHU co-tutor model which includes recruitment, selection interviews, induction training, small group facilitation training, cultural safety briefing and debriefing, and development of tutor teaching resources (currently approximately 20 staff.
 - Mentor one Associate Lecturer.
- May 2023 –** **Social and Emotional Wellbeing Support** (casual appointment), Murdoch Children’s Research Centre. *Ngagagee Ngulu Murrup Durra -Hear us, voices, spirit, and heart* CRE Grant, Dr Graham Gee.
- Provide advice regarding project design regarding social and emotional wellbeing considerations.
 - Psychological support & debriefing to participants and staff of the project.
 - Assist with data analysis.
- 2021–** **Lecturer** (casual appointment, approx. 4 lectures/year), School of Psychological Sciences, UoM.
- Design and delivery lectures and tutorials.
 - Ethics and Evidence Based Practice (PSYC40006/90110)
 - Individual and Cultural Diversity (PSYC90009)
 - Advanced Psychological Practice (PSYC90017)
- 2.2 Previous academic appointments**
- Dec 2019 – Jul 2022** **Associate Lecturer** (0.6 FTE, Level A.8), Wurru Wurru Health Unit, Department of Medical Education, Melbourne Medical School, UoM. Supervisor Dr Ngaree Blow.
- Design and delivery tutorials and small group teaching activities

- Support development and delivery of lectures.
- Manage onboarding, training and ongoing support of casual staff (approximately 20 staff)
- Assist with assessment design, delivery and student feedback.
- Assist with coordination of FNH curriculum within Foundation for Clinical Practice 1 & Principles of Clinical Practice 2.

Jan 2020-Sep 2022	Associate Investigator (casual appointment), Healing the Past by Nurturing the Future Project NHMRC Project. Melbourne School of Population and Global Health, UoM. Supervisor Professor Cath Chamberlain.
May 2020-Nov 2021	Lecturer (casual appointment), School of Optometry & School of Physiotherapy, UoM.
Feb 2017- Dec 2017	Research Assistant (casual appointment, 20 hrs/wk), First 1000 Days Project, Faculty of Medicine Dentistry & Health Science, UoM. Supervisor Professor Kerry Arabena.
Jul 2016- Dec 2016	Research Assistant (0.2 FTE, RA.1.), Child Refugees Project. Faculty of Arts, UoM. Supervisor Professor Joy Damousi.
Mar 2016 – Mar 2021	Indigenous Tutorial Access Scheme (ITAS) tutor (casual appointment), Murrup Barak, UoM. Supervisor Kirsten Bonds, Matthew Star and Dean Heta.

2.3 Clinical appointments

Dec 2022- current	Senior Clinical Psychologist (ongoing, 0.2 FTE), Adult Social and Emotional Wellbeing Team, Victorian Aboriginal Health Service. Supervisor Uncle John Egan
Jul 2019- Dec 2022	Psychologist (0.2 FTE), Adult Social and Emotional Wellbeing Team, Victorian Aboriginal Health Service. Supervisor Uncle John Egan

3.0 Education

3.1 Presentations & Workshops (only included if I actively presented, in order of author/speaker contribution)

- **Hudson-Buhagiar, M.**, McBean, T., Marshall, D. Early Learnings: Using EMDR in an ACCHO setting with the goal of improving mental health outcomes and reducing suicide risk. Indigenous Suicide Prevention Forum, Melbourne, Australia. 2024 (oral presentation)
- Blow, N., **Hudson-Buhagiar, M.** The Wurru Wurru Social Determinants of Health Model. Lowitja Institute International Indigenous Health and Wellbeing Conference, Cairns, Australia. 2023 (oral presentation)
- Blow, N., **Hudson-Buhagiar, M.** Decolonising medical curriculum with the Wurru Wurru health model Australian Indigenous Doctors Association, Gold Coast, Australia. 2022 (oral presentation)
- Blow, N., **Hudson-Buhagiar, M.** Applying the Wurru Wurru Social Determinants of Health Model. Pacific Region Indigenous Doctors Congress (PRIDoC), Vancouver, Canada. 2022 (oral presentation)
- Blow, N., **Hudson-Buhagiar, M.**, Radford, G. Developing a Victorian On Country Learning Model. Ngar-wu Wanyarra Health Conference, Shepparton, Australia. 2021 (oral presentation)
- Chamberlain, C., Atkinson, C., Bundle, G., Elliot, A., **Hudson-Buhagiar, M.**, Moana, A., Herman., H. Healing the Past by Nurturing the Future – SAFETY FIRST - understanding the core elements of trauma-integrated care for First Nations parents. SNAICC National Conference. 2021 (virtual)
- McBean, T., **Hudson-Buhagiar, M.** Working therapeutically as a psychologist with Aboriginal and Torres Strait Islander peoples, La Trobe University. 2021 (online workshop).

- **Hudson-Buhagiar, M.** Working alongside Aboriginal and Torres Strait Islander clients, Peter McCallum Institute, Melbourne, Australia. 2021 (online workshop).
- **Hudson-Buhagiar, M., Warber., R.** First Nations Youth Mental Health. Orygen, Melbourne, Australia. 2020 (online workshop).

4.0 Research and Research Training

4.1 Research Projects

- Associate Investigator, Healing the Past by Nurturing the Future NHMRC project. Lead- Professor Cath Chamberlain. 2020-ongoing
- Social and Emotional Wellbeing Investigator, *Ngagagee Ngulu Murrup Durra -Hear us, voices, spirit, and heart* CRE Grant, Lead - Dr Graham Gee. 2023-ongoing
- Social and Emotional Wellbeing Investigator, Medical Research Future Funded project ‘Replanting the Birthing Tree’, Lead - Professor Cath Chamberlain. 2024-ongoing

4.2 Publications

- Chamberlain, C., Gee, G., Morgan, A., Bright, T., Atkinson, C., Andrews, S., Clarke, Y., Glover, K., Hirvonen, T., Davies, E., Jones, K., Reilly, R., Mensah, F., **Hudson-Buhagiar, M.**, Herman, H., Milroy, H., & Mackinnon, A. (2024). Aboriginal and Torres Strait Islander Complex Trauma and Strengths Questionnaire: psychometric evaluation. *Australian Journal of Psychology*. Accepted, awaiting publication.
- Piper, S., Blow, N., & **Hudson-Buhagiar, M.** (2022). *First Nations Health Unit Social Determinants of Health Video* (L. Gaitan, Ed.).
- **Hudson-Buhagiar, M.**, McBean, T., & Marshall, D.-R. (2024, March 21). *Early Learning of Utilising EMDR in an ACCHO* [Community Discussion to Victorian Aboriginal Health Service].
- First 1000 Days Australia & Aboriginal Housing Victoria 2018, More than a Landlord Household Pilot Study: Report, Indigenous Health Equity Unit, The UoM and Aboriginal Housing Victoria, Melbourne (member of author team)

4.3 Doctor of Medicine (MDRS subject) and Master of Public Health Student supervision

- **Cox-Livingstone, I.** (completed 2022) - University staff and student perspectives of an On Country learning program. Doctor of Medicine. *Primary Supervisor*
- **Nesbitt, C.** (completed 2022) - Exploring the need for embedding First Nations voices in university teaching models and curriculum across Australia. Doctor of Medicine. *Primary Supervisor*
- **Williams, Z.** (completed 2020) - Exploring social and emotional wellbeing tools and resources for First Nations peoples for inclusion into health curriculum. Doctor of Medicine. *Primary Supervisor*
- **Sterling, S.** (completed 2019) - Exploring cultural immersion as a means for Indigenous health education in Australian medical schools. Doctor of Medicine. *Supervision of continued research.*
- **Speter, G.** (completed 2022) - Exploring community collaboration through the design of an online module on First Nations LGBTIQ+ identities and sexual health in Victoria in partnership with VACCHO. Master of Public Health. *Co-supervisor*
- **Ewers, G.** (completed 2022) - Reviewing Aboriginal sexual health strategies and campaigns in Victoria. Master of Public Health. *Co-supervisor*

4.4 Project Funding

- Blow, B., **Hudson-Buhagiar, M.**; Conley, B (2021). Developing a First Nations health tutor toolbox. University of Melbourne, Faculty of MDHS, Diversity and Inclusion Grant: \$25,000. Competitive Grant.
- Blow, B., **Hudson-Buhagiar** (2022). Creating Inclusive Healthcare Environments: Developing Resources and Best Practices for Healthcare Providers to Effectively Serve the Needs of LGBTQIASB+ patients and community members. The Australian Centre Seed Funding: \$10,000. Competitive Grant.
- Bolton, J, Blow, N., Molloy, L., Hudson-Buhagiar, M, ...(2022). Melbourne Award for Excellence and Innovation in Indigenous Higher Education Ways of Knowing program, University of Melbourne, Faculty of MDHS, Diversity and Inclusion Grant (\$5,000)

- Bolton, J, Blow, N., Molloy, L., Hudson-Buhagiar, M, ...(2021). Award for Program Innovation Ways of Knowing in Healthcare program team, University of Melbourne, Faculty of MDHS. (\$5,000)
- Lin, I., Conley, B., Bullen, J., Linton, J., Bessarab, D., Byrant, J., Nelson, C., Arnold, B., **Hudson-Buhagiar, M.**, and Biles, O'Brien, P., Bunzli, S. Developing a quality of life framework and toolkit to reduce the burden of persistent pain in Aboriginal and Torres Strait Islander Communities. Medical Research Future Fund 2024. pending outcome.

5.0 Service & Leadership

5.1 UoM Committees

- I am a member of the FMDHS Ways of Knowing leadership group.
- I am the delegate for Dr Ngaree Blow in her absence for the DME Executive Committee, Doctor of Medicine Operations Committee, and Vertical Integration Committee.
- I am a member of the First Nations student interview panel.

5.2 Professional Affiliations

- Full member, Weenthunga Health Network (2024)
- Full member, Australian Indigenous Psychology Association (AIPA) & Member, Partnership for Justice & Health (2023-current)
- Full member, Victorian Aboriginal Health Service & Associate member, Australian Indigenous Doctors Association (AIDA) (2022- current)
- Full member, Indigenous Allied Health Australia (IAHA) (2019-current)
- Leaders in Medical Education Network (LIME) (2020-2022)

5.3 Current Communities of Practice

- Victorian Aboriginal Health and Education Network Online (VAHENonline)
- Mental Health Medical Leads (MHELANZ) community of practice
- Australian Indigenous Psychology Education Project (AIPEP)
- FMDHS Indigenous Community of Practice

5.4 Awards and other Achievements

- Hudson-Buhagiar, M., (2022). Indigenous Staff Development Grant, University of Melbourne, FMDHS (\$14,000).
- Hudson-Buhagiar, M., (2022). Indigenous Staff Development Grant, Melbourne Medical School, (\$16,3000).
- Clinical Psychology Endorsement, Psychology Board of Australia, 2020-2022.
- Aurora International Study Tour Scholar, 2016.